



**The Arc**<sup>™</sup>  
*Jacksonville*

# What's a Plan Got to do With It, Got to do With It?

Presented by :

Charlotte Temple, Advocacy Director

The Arc Jacksonville

1050 North Davis Street

Jacksonville, Florida 32209

(904)358-1200

[www.arcjacksonville.org](http://www.arcjacksonville.org)

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# What's a Plan got to do with it?

- Objectives
  - Provide a basic overview of Government Benefits and Social Service Programs
  - Explore the Importance of personal planning
  - Got a plan...Explore preparation to implement plan

# Government Benefits

## Earned Benefit

- Cash Payment
  - Social Security Disability Insurance
- Health benefit
  - Medicare

## Means Tested

- Cash Payment
  - Supplemental Security Income
- Health benefits
  - Medicaid
- Housing
  - Housing and Urban Development

# Florida Social Service Agencies

- Division of Vocational Rehabilitation
- Agency for Persons with Disabilities
- Department of Children and Families
  - Substance Abuse and Mental Health
  - Access Florida
- Local Housing Authorities

# Division of Vocational Rehabilitation

**The Mission:** To provide services to eligible individuals with physical and/or mental impairments that will enable an individual to achieve an employment goal and/or enhance their independence.

**The Vision:** The Florida Division of Vocational Rehabilitation provides the services that are required for eligible customers to achieve an employment goal, with priority placed on serving customers with the most significant disabilities. Employers throughout Florida recognize the value of including individuals with disabilities in the workforce and provide equal opportunity for individuals with disabilities in meeting the demand for a well-trained and skilled workforce.

**The Purpose** of Vocational Rehabilitation Vocational Rehabilitation (VR) is a federal-state program that works with people who have physical or mental disabilities to help them prepare for, gain or retain employment. VR is committed to helping people with disabilities find meaningful careers.

# Division of Vocational Rehabilitation

## **SERVICES MAY INCLUDE:**

- Medical, psychological or vocational assessments
- Medical and psychological restoration
- Vocational or career planning
- Counseling and Guidance
- Counseling to support the exercise of informed choice in the development of the Individual Plan for Employment (IPE)
- Transportation and vehicle modification  
(The most economical modes of transportation will be used)
- Career Planning
- Assessment of Technology Needs
- Training and Education After High School
- Books, occupational tools, equipment, and other training material
- Occupational licenses
- Rehabilitation technology to assist with evaluation, rehabilitation, and employment goals
- Rehabilitation Engineering Services
- Speech and Language Therapy
- Maintenance to cover additional costs incurred during the rehabilitation process
- Interpreter services, telecommunications & other technological aids
- Referral to appropriate community services
- Job Placement
- VR Counselor
- On-Site Job Training/Task Analysis and Treatment
- Support Services

# Agency for Persons with Disabilities

- Eligibility

- Cerebral Palsy

- Spina Bifida

- Autism

- Prader Willie

- Intellectual Disabilities

- Down Syndrome

(at risk of Developmental Disabilities age 3 – 5)

# Agency for Persons with Disabilities

- Funding
  - Medicaid Waivers (20,000+ on waiting list)
    - Services:
      - Service Family :**
      - Life Skills Development**
        - Life Skills Development Level 1 (formerly known as companion)
        - Life Skills Development Level 2 (formerly known as supported employment)
        - Life Skills Development Level 3 (formerly known as adult day training)
        - Family and Legal Representative Training (not available yet)
    - Supplies and Equipment**
      - Consumable Medical Supplies
      - Durable Medical Equipment and Supplies
      - Environmental Accessibility Adaptations
      - Personal Emergency Response Systems (unit and services)



# Agency for Persons with Disabilities

- Funding
  - Medicaid waivers services continued

## **Personal Supports:**

Personal Supports (includes services formerly known as in-home supports, respite, personal care and companion; for individuals age 21 or older, living in their own home or family home; also for those at least 18 but under 21 living in their own home)

Respite Care (for individuals under 21 living in their family home)

## **Residential Services**

Standard Residential Habilitation

Behavior-Focused Residential Habilitation

Intensive-Behavior Residential Habilitation

Live-In Residential Habilitation

Specialized Medical Home Care

Supported Living Coaching

# Agency for Persons with Disabilities

- Funding

- Medicaid waivers services continued
- Services continued

- Support Coordination:**

- Limited Support Coordination

- Full Support Coordination

- Enhanced Support Coordination

- Therapeutic Supports and Wellness:**

- Private Duty Nursing

- Residential Nursing

- Skilled Nursing

Respiratory Therapy

Speech Therapy

Occupational Therapy

Physical Therapy

Specialized Mental Health

Counseling

Behavior Analysis Services

Behavior Assistant

Services

**Transportation**

**Dental Services:**

Adult Dental Services

# Agency for Persons with Disabilities

- Funding continued
  - Medicaid and General Revenue
    - Intermediate Care Facilities for Developmentally Disabled
    - Institutions
  - General Revenue

# Department of Children and Families

- Substance Abuse and Mental Health
  - State operated treatment centers
  - Privatized system of Local Mental Health Centers
  - Services:
    - Treatment - <http://myflfamilies.com/service-programs/mental-health/treatment>
    - Rehabilitation - <http://myflfamilies.com/service-programs/mental-health/rehabilitation>
    - Support - <http://myflfamilies.com/service-programs/mental-health/support>

# Department of Children and Families

## – Medicaid Waiver Programs

- Traumatic Brain Injury
- Familial Dysautonomia Waiver
- Cystic Fibrosis Waiver
- Long-term Care Community Diversion Waiver Program
- Aged/Disabled Adult Waiver Program
- And, some 7 other waivers for more information:

<http://www.dcf.state.fl.us/programs/access/docs/ssifactsheet.pdf>

each with their own eligibility and services provided

# Department of Children and Families

- ACCESS Florida
  - Food Assistance
  - Temporary Cash Assistance

And, many other programs:

<http://www.myflfamilies.com/service-programs>

# So Many Places! Where Do We Start?



Anywhere, if you don't have a good plan

# Start With A Plan

- Use Planning Tools
  - Dare to Dream Adult
- Set Goals
- Determine the supports needed to reach goals
- Identify the agency(s) that provide the necessary supports





# Eligibility

Each agency has different eligibility criteria.

And, vocabulary...



# But What if I Don't Know What I Want to be When I Grow Up??



# OK, I Have a Plan

- Prepare to implement
  - Participate in Self-determination training  
Standing Up for Me (not just for self-directed IEPs)
    - Understand disability
  - Apply to Agencies listed on Plan for Services
    - Follow up, they won't hunt you down
    - Don't ignore any correspondence
- Make any needed adjustments to Plan



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# Questions



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**THANK YOU**



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